

staff and students. Sister Mary has created an atmosphere of caring and warmth that can be felt as soon as one enters the school.

Born and raised in Italy, Sister Mary first came to Connecticut in 1962. Before joining the staff of St. Brendan's she was instrumental in the opening of a Montessori School in Middletown and taught with distinction at Stonegate School in Durham. Sister Mary is a refreshing reminder of the difference that one educator can make in the life of a young student. For over three decades, she has captivated both students and their parents with her enthusiasm and commitment to excellence. She will always be remembered as an inspirational and well-loved role model by her students and faculty.

Mr. Speaker, I am proud to salute Sister Mary Antoinette Cappelli for her unshaking dedication to her school and her community. She leaves behind her a legacy of love that will never be forgotten.

IN HONOR OF HECTOR VALDES
UPON HIS RETIREMENT FROM
HUDSON COUNTY COMMUNITY
COLLEGE AFTER 25 YEARS

HON. ROBERT MENENDEZ

OF NEW JERSEY

IN THE HOUSE OF REPRESENTATIVES

Friday, September 8, 1995

Mr. MENENDEZ. Mr. Speaker, I rise today to pay tribute to Hector C. Valdes Avellaneda. After 25 years at Hudson County Community College he is retiring from his position as assistant to the dean. Mr. Valdes is an exceptional person who has dedicated his talent and services to students for 37 years.

Hector Valdes received his bachelor of arts degree in accounting from the Professional School of Business and a B.A. in elementary teaching from the National School of Teachers in Matanzas, Cuba. He also attended Montclair State University and New York University from where he received a master of arts degree in education.

Mr. Valdes is another example of an immigrant success story. After being held as a political prisoner in Castro's jails, he immigrated to the United States in 1969. He worked hard and played by the rules and 5 years later he became a naturalized citizen. Very quickly, he began to make important contributions to his adopted land.

He began his teaching career working with students seeking their high school equivalency diplomas. Mr. Valdes later became a substitute teacher in the Union City school system. He went on to become a professor at Hudson County Community College and has risen through the ranks to serve in a variety of administrative positions. He served as an administrative assistant and was later appointed assistant to the dean.

Mr. Valdes helped develop and create academic programs to assist the large immigrant population living in Hudson county, because he realized that access to quality education is a key to success. The number of students who have benefited from his efforts is countless. Throughout his years at the college, he has been a wise counselor and advisor. Mr. Valdes will be sorely missed by his colleagues and students.

Hector Valdes's career is one of proud achievement and another example of the

beautiful diversity of our Nation. His service to the community and student body of Hudson County Community College is second to none. Even though he is retiring he will always be remembered as a brilliant teacher and a true friend. Please join me in wishing Hector Valdes a happy retirement.

CONGRATULATING GUAM'S ATHLETES FOR EXCELLENCE, SEPTEMBER 8, 1995

HON. ROBERT A. UNDERWOOD

OF GUAM

IN THE HOUSE OF REPRESENTATIVES

Friday, September 8, 1995

Mr. UNDERWOOD. Mr. Speaker, as the saying goes, "the thrill of victory, the agony of defeat." In my home district of Guam, we have many noteworthy athletes who have thrilled us all.

In the recent South Pacific games, the people of Guam reached a new milestone. Our island competitors have earned more medals than ever before. So, I now rise to pay tribute to these athletes by placing their names in the CONGRESSIONAL RECORD.

In archery, our Team Guam hit the bull's eye with a bronze. In board sailing, Jon Iriarte and the Team Guam women sailed to bronze. In body building, Josephine Blas lifted to a bronze, Donnabelle Duque powered her way to a silver and Kenneth Rios and Roy Siongco jerked and cleaned to gold medals. In boxing, our Tana Meafou punched his way to the silver medal. In golf, Mae Quitugua, Josephine Calvo and Tessie Blair all drove, chipped and putted to the team bronze medals. In Karate Eleanor Minor chopped to two bronze medals. Robert Dacanay threw the competition for a silver, while Dean Aguon bowed and took two bronze medals. Joe Aguon also hit hard with a bronze. In surfing, our tag team of Mark Duenas, Joseph Voluptuary and Richard Napoleon rode to a bronze, while Rebecca Erin hung ten to a silver. Our swimmers, led by Derrick Bollinger crawled to gold three times, Clitia Clement floated to a bronze, while Patrick Sagas stroked his way to a gold and two silvers. In table tennis, our women's team of Debbie Feline, Donna Cents and Jug-Pa Lain paddled to a bronze. In ta won do, Sonny Chargualaf high kicked to a silver, Joe D. Q. Cruz did a round house to a bronze, while Lloyd Esteban made a sweep move to a bronze. In a triathlon, Tiffany Larschied surprised us all with her motor boat kicks and earned a bronze, while Triathlon Team of Larschied, Jay Donovan, Wil Yamamoto and Jeff Miller swam, ran and biked to another bronze. In weigh lifting, Manolito Molinos clean and jerked to a silver, while Edgar Molinos snatched to a bronze. In judo Atef Hussein picked up a gold and a silver, Walter Gray threw for a bronze. And finally, Marie Benito ran for a bronze in the women's marathon. Congratulations.

TRIBUTE TO CLARA K. MANGUS

HON. BILL ORTON

OF UTAH

IN THE HOUSE OF REPRESENTATIVES

Friday, September 8, 1995

Mr. ORTON. Mr. Speaker, today I would like to recognize a very special constituent of mine, Ms. Clara K. Mangus, who today celebrated her 105th birthday. Ms. Mangus, who immigrated to Carbon County, UT, from Greece when she was only 25, has been living independently until just a few months ago. The key to her longevity, claims Clara, is simple: hard work. Today Ms. Mangus was surrounded by much of her family, including her 7 children, 14 grandchildren, 27 great-grandchildren and 8 great-great-grandchildren. Again, I would like to wish Ms. Mangus a very happy birthday on this very special occasion.

HONORING ALBERT BARNES, JR.

HON. JAY KIM

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Friday, September 8, 1995

Mr. KIM. Mr. Speaker, I rise today to pay tribute to Mr. Albert Barnes, Jr. who on August 24, 1995, retired from United Parcel Service culminating a 28-year career.

Al began his UPS career as a delivery driver in Dayton, OH in 1967, quickly rising to become an on-car supervisor, and in 1972 a center manager. Through his commitment to customer service and his dedication to excellence Al was promoted to feeder manager, package division manager, and also hub division manager. In 1975 Al joined the Arizona district as a division manager. In February 1989 Al was named southeast California district manager. Al was charged with the planning, and construction of United Parcel Service's largest west coast air hub that opened in Ontario, CA in 1992. Al has served on a number of special assignments and was a member of the UPS part-time people support committee.

In addition to his busy schedule with UPS, Al has always made time to get involved with the community, and has been active with many organizations in the Inland Empire including the board of directors of the Boys and Girls Club.

Under his direction, the southeast California district has achieved a leading role as a well-respected corporate citizen in the community for its contributions to the betterment of the people of the Inland Empire.

I wish Al, and his wife Margaret, a long and enjoyable retirement together with their family: John, Mike, Ed, and Rebecca.

HONORING THE JEWISH WAR VETERANS ON ITS 100TH ANNIVERSARY

HON. GARY L. ACKERMAN

OF NEW YORK

IN THE HOUSE OF REPRESENTATIVES

Friday, September 8, 1995

Mr. ACKERMAN. Mr. Speaker, I rise today to join with my constituents and members of